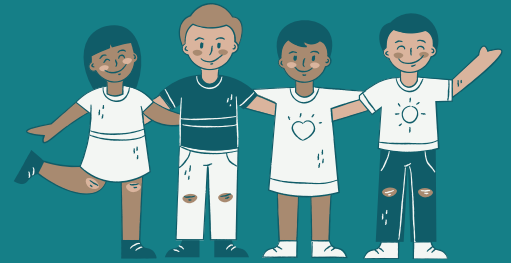


OUR STRENGTHS

IDENTIFYING OUR UNIQUE CHARACTERISTICS



Child's Name:

What I am Proud of my Child For:

Compliments They Recieve:

What They are Good at:

List of Strengths That Come to Mind:

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LIST OF CHARACTER STRENGTHS

BASED ON THE VIA CLASSIFICATION OF CHARACTER STRENGTHS

Wisdom:

1. Creativity
2. Curiosity
3. Love of learning
4. Open-mindedness
5. Perspective

Justice:

1. Fairness
2. Leadership
3. Teamwork

Courage:

1. Authenticity
2. Bravery
3. Persistence
4. Zest (enthusiasm/
energy)

Temperance:

1. Forgiveness
2. Modesty/Humility
3. Prudence
4. Self-regulation

Humanity:

1. Kindness
2. Love
3. Social intelligence

Transcendence:

1. Appreciation of beauty
2. Gratitude
3. Hope
4. Humor
5. Religiousness/Spirituality